



Clear+Brilliant Pre & Post-Care Instructions

PREPARING FOR TREATMENT (2 weeks prior)

- Avoid direct sun exposure and tanning beds
- Apply sunscreen SPF 30+ daily
- Avoid any aesthetic treatments that may cause irritation
- Avoid topical irritants 3 days before (retinoids, tretinoin, exfoliants, harsh washes)

POST TREATMENT INSTRUCTIONS

- Avoid direct sun exposure and tanning beds
- Wear SPF 30+ daily and wear a hat if in the sun
- Avoid topical irritants 3 days post-treatment (retinoids, tretinoin, exfoliants, harsh washes)
- Avoid hot baths, showers, and saunas
- Avoid scrubbing, scratching, shaving, or dermaplaning the face
- Moisturize the skin (we recommend Trio Rebalancing Moisture treatment by SkinBetter) or any moisturizer without fragrance or alcohols
- Use a gentle cleanser without fragrance, alcohols, or harsh exfoliating ingredients