

## BioRePeelCl3®

## **BioRePeel Pre & Post-Care Instructions**

## PREPARING FOR TREATMENT

- Do not use exfoliating products for 24 hours prior to treatment
- Do not use Retin-A or active skin applications for 7 days prior to treatment
- Do not use the self-tanning agents and avoid UV exposure for 14 days prior to treatment
- Avoid waxing, bleaching, or hair removal for 14 days prior to treatment
- On the day of the treatment, please do not apply makeup.
- If you are planning to have Botox or fillers please allow 2 weeks after your Botox appointment prior to BioRePeel.

## POST-TREATMENT INSTRUCTIONS

- After 24 hours, use a gentle cleanser to cleanse the face for the following 48 hours and gently dry the treated skin.
- Do not use non-mineral makeup for 48 hours post-treatment
- Keep the skin hydrated with a gentle moisturizer.
- Do not apply makeup or sunscreen 24 hours after the procedure.
- Do not apply any makeup with a makeup brush, especially if it is not new/recently cleaned.
- After the initial 24 hours, apply a broad-spectrum UVA/UVB sunscreen with a minimum SPF 30 for at least two weeks. A chemical-free sunscreen is highly recommended\
- AVOID...
  - Using hot water on the skin
  - Working out for 24 hours
  - Saunas/steam showers for 48 hours
  - Picking any peeling skin